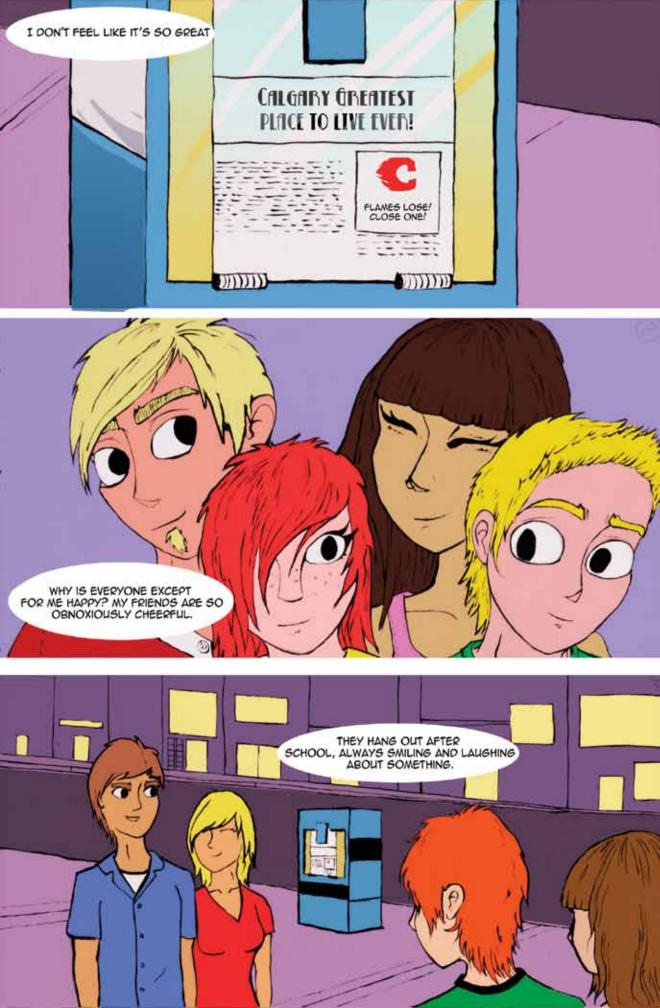


THE SKY ABOVE CALGARY PAINTS THE CITY IN A ROSY PRE-DUSK HUE. AS CITIZENS SETTLE DOWN TO THEIR NIGHTLY RITUALS, EVERYTHING IS CALM. WELL, NOT EVERYTHING ... EVERYONE SAYS CALGARY IS SUCH A WONDERFUL PLACE TO LIVE. FRIENDS LOVE LIVING HERE. THEY SAY WE HAVE THE COOLEST MAYOR, WE'RE CLOSE TO THE MOUNTAINS. IT'S EASY TO GET A JOB...

A CALL 4 HELP! NUMBER 1 SECOND EDITION PRINT, JANUARY 2014, CREATED AND WRITTEN BY ZEDS COMIC COMMUNICATION IN COLLABORATION WITH CONNECTEEN CALGARY, PROJECT MANAGER DEREK WILKEN ILLUSTRATIONS BY TAYLOR QUINN, LETTERED AND COLLOURED BY MATHEW 6. NYITRAL INKING AND ART DIRECTION BY STEELE J. DUNCAN. SPAPHIC DESIGN BY ZOBY DUNCAN. \$2013 ZEDS COMMUNICATION CONSULTING CORPORATION. EVA PEA CEO. ALL RIGHTS RESERVED. ZEDSCC.CO.















ME IN!

THERE IS MUCH MORE TO ASHLYN THAN MEETS THE EYE! READ ABOUT HER AT WWW.CALGARYCONNECTEEN.COM

## Meet the Artists



TAYLOR QUINN GREW UP IN CALGARY AND SHE HAS BEEN DRAWING SINCE SHE COULD HOLD A PENCIL AND HAS BEEN WORKING HARD TO IMPROVE HER ARTISTIC SKILLS. WHILE MOST KIDS EVENTUALLY GREW OUT OF DRAWING AND COLORING, TAYLOR REFUSES TO GIVE IT UP AND DOESN'T PLAN ON IT UNTIL SHE FINALLY GETS ARTHRITIS AT THE RIPE OLD AGE OF 44 (GIVE OR TAKE A FEW YEARS), BY THIS TIME SHE PLANS TO BE FILTHY RICH AND FAMOUS SO IT WON'T MATTER AS SHE'LL SURELY HIRE A TEAM OF POOR ART STUDENTS TO TAKE OVER AS GHOST ARTISTS (YOU DON'T STAY RICH BY HIRING REAL ARTISTS!).



Colour & Lettering MATTHEW G. NYITRAI IS AN EDMONTON-BORN ARTIST BOTH WORKING AND STUDYING IN CALGARY. CURRENTLY ENGAGED IN HIS THIRD YEAR AT THE ALBERTA COLLEGE OF ART AND DESIGN, HE HOPES TO FURTHER HIS ARTISTIC ENDEAVOURS THROUGH THEORY AND PRACTICE. MATTHEW HAS BEEN INVOLVED WITH THE ART'S COMMUNITY IN KENSINGTON, BEING PART OF GROUP SHOWS AS WELL AS PARTICIPATING IN THE ORGANIZATION AND THE RUNNING OF THE 2012 SHOW AND SALE. ALONG WITH HIS MORE ORGANIZATIONAL AND CONCEPTUALLY BASED PRACTICE, HE FINDS WORK AS A FREELANCE ILLUSTRATOR.



Inking

STEELE J. DUNCAN IS THE ARTISTIC DESIGNER AND DIRECTOR OF ZEDS AS WELL AS BEING A STUDENT AT THE ALBERTA COLLEGE OF ART AND DESIGN. HIS INFLUENCE COMES FROM THE SITCOM, CARTOON, AND COMIC CLICHES OF HIS YOUTH. AS A YOUNG ADULT HE TOOK STAND UP COMEDY TRAINING AND HAS PERFORMED ON STAGE NEARLY TWO DOZEN TIMES. HUMOUR IS WITHIN EVERYTHING HE DOES, ALTHOUGH NOT EVERYONE WOULD AGREE ON THE CALIBRE. TELLING A JOKE IS A MATTER OF SETTING UP A PREMISE, THEN INTRODUCING AN ELEMENT OF NONSENSE; STEELE DOES THE SAME WITH HIS WORK. STEELE WANTS HIS WORK TO PROMPT PEOPLE TO EXAMINE THEIR WORLD AND SHARE A LAUGH ABOUT MANY OF THE SILLY THINGS WE ALL DO.

The artists of a Call 4 Help are proudly part of the ZEDS team!

To learn more about the artists, visit ZEDScc.com

DIESSUFE OVE pressure parents obsession de outs first dates depression. Sex dates depression make out pressure break up reassure break up

# ConnecTeen Community Partners













**RBC Foundation** 







Harry & Martha Cohen Foundation













ession **parents** dates bullying **k** Lancyschool drugs obsession peers

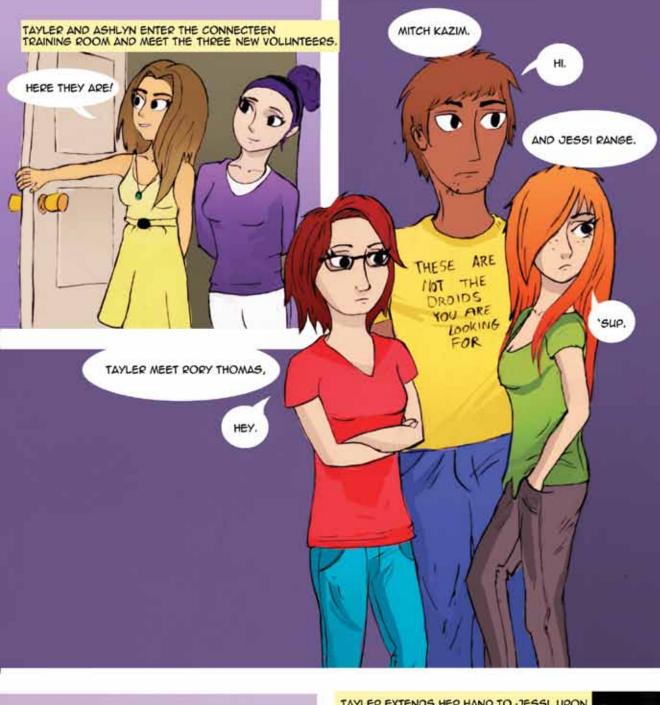




































MID EfIST JOURNAL HERO DEVELOPS COLD FU

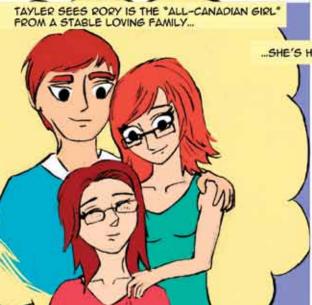
THE LINCLE, STEALING MITCH'S RESEARCH



YUP, MITCH HAS HIS FULL BACKSTORY AT WWW.CALGARYCONNECTEEN.COM AS WELL.













SO ANYWAY





Current Plan Previous attempts

1 . . .

Resources

Lethality Qvailabillity Specificity OETERMINING
THE SERIOUSNESS OF A
CALL IS VITAL.

ARE THEY FEELING
SUICIDAL? HAVE THEY ATTEMPTED
SUICIDE IN THE PAST?

AT THE END OF THE SESSION THE NEW VOLUNTEERS APPROACH TAYLER.















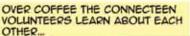






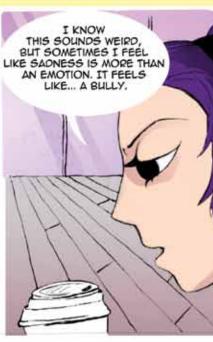
















## SO HERE'S THE PLAN





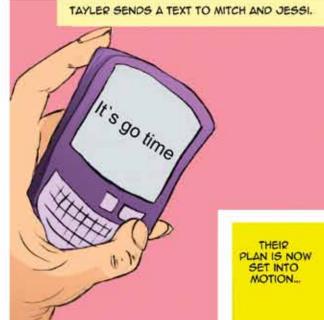
A CALLER IS THREATENING TO JUMP OFF THE PEACE BRIDGE



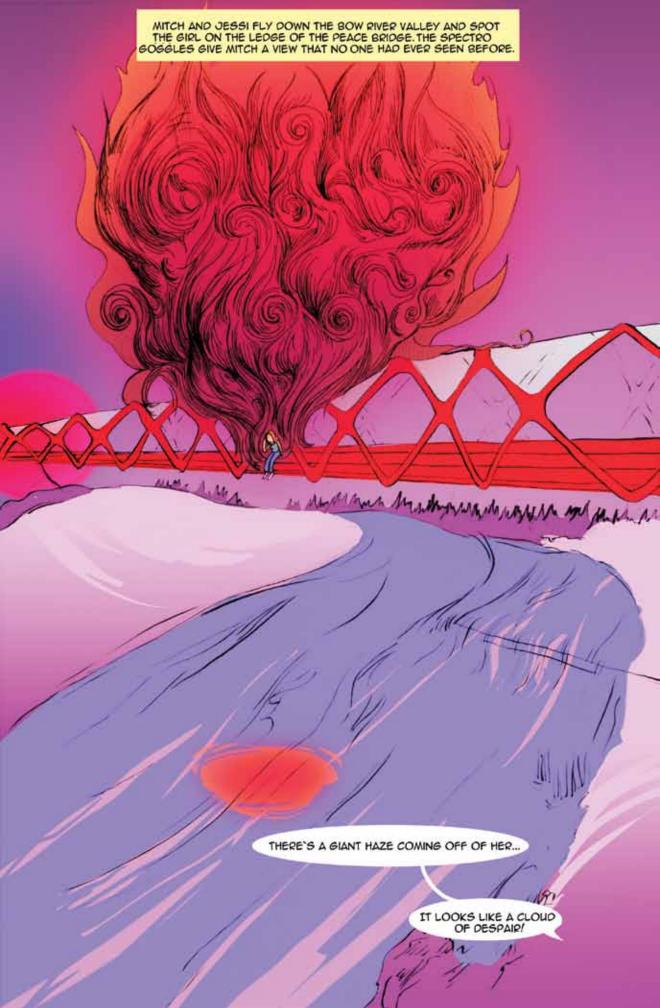


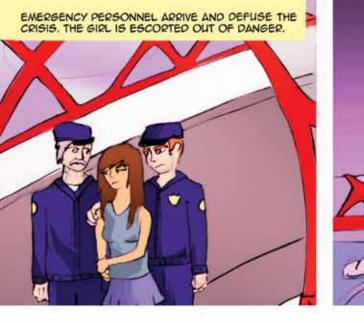




















# Jr. Jokers

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Write their own comedy routine

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Final group performance opportunity
Certificate (upon graduation)
The admiration of all!



Jr. Jokers is part of the ZEDS family of companies.

# Fiey Connectees

### Hey Connecteen,

I have a big problem and I don't know what to do about it. I have 3 BFFs and we usually hang out together, but lately they're acting weird. No one txts me back and last week I saw them at the mall together, but no one told me about it. It's like they suddenly hate me and I have no clue what I did wrong. How can i make them like me again?

—Wounded in Woodbine

#### Dear Wounded,

I can understand why you must be confused; feeling left out and not knowing why totally sucks. The way your BFFs are acting doesn't sound like best friends behaviour at all! It sounds really mean, unfair and hurtful.

I'm wondering though... if I were you I'd want to rule out it being a m is u n de r s t a n d i n g ... or if they are doing it on purpose. Is there one of the group that you're closer to and you feel would be honest with you? Maybe you talk directly with them, let them know how you feel and ask them to give you the DL.

If you do find yourself in between friends and feeling alone, give us a call, or chat. We're always here to help you through the rough patches and we're really good listeners.

**ConnecTeen** 

## Hey Connecteen,

My parents are driving me nuts. I'm almost done high school, and they say I have to go to university and become a doctor like them. When really, all I want to do is paint. I'm really good and I even applied to ACAD without them knowing, and I got in! They think I'm applying for pre-med, and I know they're going to freak out when I tell them I'm not gonna be a doctor. I'm so tired of hearing what a disappointment I

am to my family. How do I get them to just leave me alone about it?

-Pressured in Pineridge

#### Dear Pressured in Pineridge,

I know how difficult it can be having difficult overbearing parents! First of all, you are incredibly brave to follow your dreams in spite of what others might think. Sometimes it's hard for parents to realize that you are an adult! (or almost an adult!) and can make your own choices, and this realization can be slow and difficult, but not impossible!

Do listen to your parents, they have important things to say, and if you listen to them, they may be more likely to listen to you! It might be helpful to show them some of the materials the program ACAD, or maybe arrange for a tour or orientation there to show them around and involve them in what you want to learn. In the end, it is your decision and we at ConnecTeen are always here to support you!

ConnecTeen

#### Hey Connecteen,

I don't know how much longer I can take this. I've been trying to not feel like this for years but it's just not working. I feel sick even just typing this but I'm pretty sure I'm gay. All of my family and friends are really religious so I'm totally screwed if they ever find out. I feel like I need to talk to someone but I just get so stressed ... I just want all the pressure to go away and to stop feeling so crappy. I don't know who

I can talk to. Everyone I love would hate me if they knew what i wuz really like.

—Closeted in Country Hills

#### Dear Closeted,

It's really hard to feel like you're different, but I hope you know that you're not alone!!

It takes a lot of strength to be able to talk about this and you should be really proud of yourself. No matter what your family thinks, being gay is not a problem and you should not feel as if it is. It sounds like it would really help to talk to someone else who has been in your shoes too. If you're interested, or even curious, there are support groups for gay teens at the Calgary Outlink website: http://calgaryoutlink.ca.

This is serious stuff you're dealing with and we really want to help before it has a chance to get even more serious. So...give us a call or chat; we can be there for you – not judging...just someone who is on your side and ready to listen.

ConnecTeen

### Hey Connecteen,

We broke up.
OMG! WTF?
R U joking me?
—H

Dear H,

Sometimes life isn't LOL funny.

How can we help?

Have a question?
Get it answered at calgary connecteen.com
CONNECTEEN.

You can also email connecteen@distresscentre.com at any time



















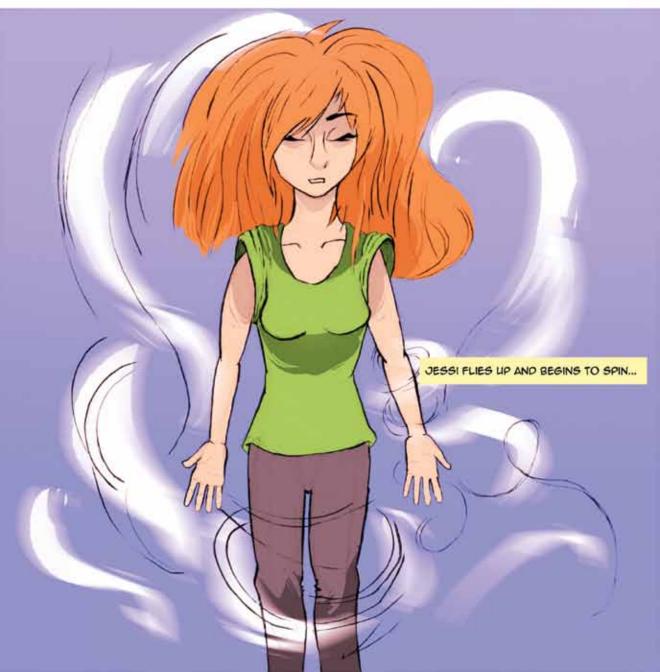
A BIZARRE LOOKING MAN WITH A POMPADOUR APPEARS OUT OF NOWHERE, ENVELOPING THE TEEN IN A DESPAIRING HAZE!

BUT HE IS NOT ALONE ...

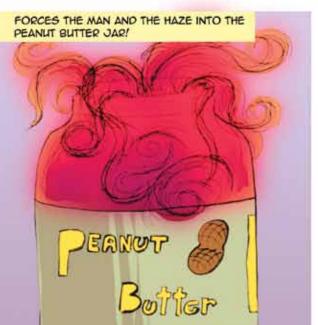




















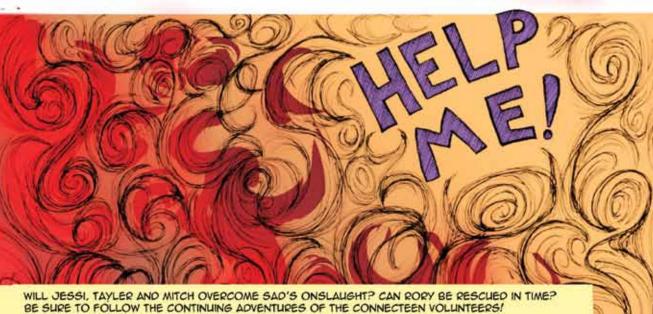
\*THAT'S RIGHT SEBASTIAN ALBERTO DELECROIX (SAD)
IS THE ENTITY THAT MAKES US SAD. GO TO
WWW.CALGARYCONNECTEEN.COM TO READ SAD'S MYSTERIOUS ORIGIN.











it's always been about BEING THERE

We know there is nothing more important than being there when it matters most.

That's why State Farm® is proud to support ConnecTeen.

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# So, you'd like to volunteer for connecTeen? Here is what you need to know.

Youth volunteers provide confidential peer support every day from 5pm - 10pm by phone, chat, text and email. We provide all necessary training for you to become one of the true heroes of connecTeen.



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403.264.TEEN(8336) calgaryconnecteen.com



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